

**Application  
for  
United States Letters Patent**

**To all whom it may concern:**

Be it known that Gary K. SCHWARTZ  
has invented certain new and useful improvements in  
SCREENING, QUANTITATION AND IDENTIFICATION OF ACTIVE  
INGREDIENTS IN NATURAL PRODUCTS  
of which the following is a full, clear and exact description.

**SCREENING, QUANTITATION AND IDENTIFICATION OF ACTIVE INGREDIENTS IN NATURAL PRODUCTS**

5 This application claims priority of U.S. Serial No. 60/421,411, filed 25 October 2002, the content of which is incorporated by reference here into this application.

10 The invention disclosed herein was made with United States Government support under U.S. Army DOD Breast Cancer Grant No. DAMD17-02-0486 from the United States Department of Department of Defense. Accordingly, the United States Government has certain rights in this invention.

15 Throughout this application, various publications are referenced. Disclosures of these publications in their entireties are hereby incorporated by reference into this application in order to more fully describe the state of the art to which this invention pertains.

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**BACKGROUND OF THE INVENTION**

Herbal medicine has been used for centuries in the world. It is still an important component in the healthcare system, including prevention and treatment of diseases, particularly in Asian countries. Until recently, most pharmaceuticals were originated from natural products; flowering plants and ferns have produced about 120 commercial drugs and account for 25% of all prescriptions issued in North America every year. For example, reserpine, ephedrine, digitalis, morphine, vincristine, taxol, harringtonin, just name a few. In many laboratories over the world, investigators use advanced technology to analyze the properties of herbal medicines to search for active ingredient. Identification and isolation of the active

ingredient from herbal medicine is one of the ways to discover useful therapeutic agent.

Herbal medicine, for example, traditional Chinese medicine (TCM) has been used as multiple formulae for thousands of years. There is abundant information on the safety and efficacy of these formulae for treating various diseases. However, because of the limitation of the technology and knowledge, there is no effective system to evaluate the quality, purity, stability, and consistency of herbal medicine, which makes evaluation of the clinical efficacy difficult. The trend of disease management, at least for cancer and viral disease, has changed to monotherapy to drug combinations. For example, drugs such as alkylating agents, hormones, anti-emetics, anti-tumor antibiotics may be included as a regimen for the treatment of many cancers.

TCM has been used as combinations, many of them serve different function, such as decrease drug metabolism or toxicity, or increase absorption, solubility, or increase efficacy by acting on different mechanisms. Using a mixture of plant extract instead of using an isolated compound for the management diseases has gained acceptance in Western countries. The difficulties for validating the efficacy or the utility of herbal medicine is lack of a quality control system to guarantee the quality of the pharmaceutical preparation for clinical trials.

Chromatographic and spectroscopic methods and other physical chemical methods such as high performance liquid chromatograph, gas chromatograph, mass spectrometer, nuclear magnetic resonance spectrometer, UV/visible spectrophotometer, and melting point have been used to characterize the active ingredient of the pharmaceutical preparation. These techniques are extremely useful to set

specification for the drug substance and finish product because the structure and identity of the active component is known. It is technically difficult if not impossible to use the above techniques to set specification for the drug substance or finish product for herbal medicines. Without knowing the consistency of the manufacturing process and the quality of the drug, it is impossible to conduct clinical trials to evaluate the efficacy of the drug.

Herbal medications are currently being promoted for clinical use in cancer therapy. However, many of the claims made for these herbal remedies are based on anecdotes in traditional Chinese medicine and, unfortunately, are not grounded in scientific fact. Nevertheless, many of the chemotherapeutic agents that are in clinical use today are derived from plants and natural products. For example, paclitaxel is a plant product from the stem bark of *Taxus brevis*, the western yew. Therefore, the possibility that one or more of these claims is true can not be discounted. The challenge is how to prove that one of these claims may have scientific validity and how to test this within the confines of Western medicine tradition.

In this invention, Huanglian (*coptis chinesis*) is used as an example to prove the concept. Huanglian is an herbal tea that has been widely used in China for several thousand years. It is prepared as an herbal tea from the roots of *Rhizoma coptidis*. In traditional Chinese medicine it has been used to treat inflammatory conditions ranging from gastroenteritis to acute febrile illnesses with no reported toxicity.

Huanglian has been reported *in vitro* to inhibit the growth of *heliobacter pylori* and the intestinal parasite *blastocystis hominis* (1-3). It inhibits lipid peroxidation

in rat tissues and protected rats from chemically induced diabetes (4), possibly a result of free-radical removal. The serum of rats which had received oral *coptis chinesis* inhibited the biotransformation of arachidonic acid(5).

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Huanglian studies have explored its usefulness as a component of a salve to treat burn wounds (6), as a component of a herbal mixture to inhibit platelet aggregation (7).

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Extracts of huanglian have been shown to inhibit topoisomerase I to levels that are equivalent to that of camptothecins used in clinical oncology today (8,9).

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Huanglian in fact is a complex mixture of compounds. The largest component of huanglian has been identified as berberine but other constituents including coptisine, palmatine, jatrorrhizine, bauerol, and epiberberine have been identified (10). Continuous exposure of HepG2 hepatoma

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cells to berberine (1 to 50  $\mu$ M) inhibits tumor cell growth in a dose-dependent manner11. This was associated with a decrease in both the S phase fraction of the cells and in the secretion of alpha-fetoprotein. Oral administration of

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huanglian to laboratory rats inhibits the formation of azoxymethane (AOM)-induced aberrant crypt foci, a putative pre- neoplastic lesion for colon cancer (12). Huanglian has been administered to patients as an aqueous, herbal tea at

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doses of 20 to 30 grams/day without toxicity. Its role as an anti-cancer drug has not been defined. It is not known which are the active components. In fact, the large range of components within huanglian may result in a broad-based

inhibition of many cancer targets, including topoisomerase I. This demonstration of anti-cancer effects in vitro and identification of new targets provide a rationale for clinical development of this agent as a whole herb in

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cancer therapy.

Huanglian administration to mice at a dose of 27g/kg/d produced no toxicity(13). In newborn infants, huanglian has been shown to increase unconjugated bilirubin in newborns 5 presumably by displacing bilirubin from serum binding protein. The use of this herb is advised against in neonates in Southern China, where neonatal hyperbilirubinemia is prevalent(14). Bilirubin displacement from albumin may be due to the huanglian component 10 berberine(15).

A number of huanglian components are known, some have been tested as purified compounds for a variety of clinical 15 conditions. Berberine, an alkaloid of the protoberberine family, represents the most abundant (50%) component of huanglian extract. In dogs berberine has been shown to have positive inotropic effects and lower peripheral vascular resistance. In 12 patients with refractory heart failure berberine was given intravenously at 0.02 mg/kg/min over 30 20 minutes, and at 0.2 mg/kg/min over 30 minutes. At the higher dose, a decrease in pulmonary and systemic vascular resistance and an increase in cardiac index and ejection fraction were seen. Four of 12 patients, however, experienced ventricular tachycardia with "torsades de 25 pointes" morphology within 1-20 hours of the infusion. Cardiac diagnoses in these patients were: 2 patients with idiopathic dilated cardiomyopathy, one with ischemic heart disease, and one with Chaga's disease. The investigators noted that remarkable hemodynamic stability was observed 30 during the VT episodes. The QTc interval was consistently elevated in all 12 patients after berberine, and returned to baseline after 24 hours after drug administration. Other side effects were facial flushing (2 patients) and transient nausea (2 patients)(16).

Zeng and Zeng treated 56 patients with chronic heart failure (CHF) with berberine by mouth, 1.2 gm/d for two weeks. Patients with higher berberine plasma concentrations ( $>0.11$  mg/L) experienced a more significant increase in LVEF and decrease in the frequency and complexity of ventricular premature beats (VPBs). When given in this manner to patients with CHF no side effects or arrhythmogenesis was reported(17).

10 This invention discloses results that huanglian potently inhibits the growth of cancer, e.g.: gastric, breast, and colon cancer cells in vitro in a dose-dependent manner. There is maximal inhibition at low micromolar concentrations. In addition this degree of inhibition is associated with suppression of cyclin B1 protein and cyclin dependent kinase 1 (cdc2 kinase) activity. This invention discloses that huanglian represents a novel cancer drug that mediates suppression of cancer growth in association with down-regulation of cyclin B1.

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**DETAILED DESCRIPTION OF THE FIGURES**

5      **Figure 1.** Huanglian Root (Rhizoma Coptis Chinesis)

10     **Figure 2.** Heat Extractable/Water Soluble Fraction of Huanglian Root

15     **Figure 3.** Huanglian Inhibits Growth of Human Tumor Cell Lines in Vitro

20     **Figure 3A.** Gastric MKN-74

25     **Figure 3B.** Colon: HCT-116

30     **Figure 3C.** Breast: MCF-7 (p53<sup>+</sup>)

35     **Figure 3D.** Breast: MDA468 (p53<sup>-</sup>)

40     **Figure 4.** Huanglian: 7 Peaks by HPLC with Berberine (peak #7) Constituting 50% of the Water/Heat Extractable Product

45     **Figure 5.** UV Spectra Indicate All Peaks, but Peak 1, are Berberine or "Berberine-like"

50     **Figure 6.** Growth Inhibitory Effects of Huanglian and Berberine at Half the Huanglian Concentration Against MKN-74 Cells

55     **Figure 7.** Huanglian Inhibits Cyclin B1 Protein Expression and Cyclin B1/cdc2 Kinase Activity in MKN-74 Gastric Cancer Cells: Time and Concentration Dependent

60     **Figure 7A.** Cyclin B1 protein

65     **Figure 7B.** Cyclin B1 mRNA

70     **Figure 8.** Huanglian Induces G2 Arrest in MKN-74 Gastric Cancer Cells in Association with Inhibition of Cyclin B1/cdc2 Kinase Activity

75     **Figure 9.** Huang Lian Potentiates Taxol-Induced Apoptosis

**Figure 10. Effect of Huanglian Metabolites Formed by Human Liver S9 Microsomes on MKN-74 Gastric Cancer Cell Growth: First Pass Effect**

5      **Figure 11. Identical Cytotoxicity of Huanglian Water/Heat Soluble Powder and Huanglian Capsules Against the Growth of MKN-74 Gastric Cancer Cells**

10      **Figure 12. Huanglian Capsules Suppress Cyclin B1 Expression**

15      **Figure 13. Plate 5000 MKN-74 cells in 200 microliters of media (minimum essential media (MEM) + 10% FBS) in each well of a 96-well plate. The cells are allowed to grow for 24 hours. Meanwhile both pretreatment and post-treatment plasma (day #15) are split into 3 one ml samples and concentrated in a CentriVap Concentrator (LAB CONCO) for approximately 5  $\frac{1}{2}$  hours at 35 degrees C. After the concentration, the final 300 microliter of concentrated plasma is reconstituted back to 1mL by adding 700**

20      microliter of media (MEM + 10% FBS). Then the three 1ml samples are then pooled to make a final 3mL volume to be used for baseline and for post treatment testing. For the positive control 6 microliters of stock huanglian (10 mg/mL) are added to 3 ml of medium 20 (MEM + 10% FBS) to

25      yield 20 micrograms/mL final concentration.

30      Take the 96-well plates after 24 hours and gently remove the original media. Add the following treatments (200 microliters) in triplicate to each well of the plate: media alone, huanglian in media (positive control), pretreatment plasma (pre), and post-treatment from predetermined times on day #15 (example 8:30 AM, (:30 AM, and 12:35 PM). Cells are treated for 2 (day II) or 4 (day IV) days and then tested for cell survival by the SRB assay.

For the SRB assay we follow the published SRB protocol (sulforhodamine B). Remove the media, wash 3X with 100 microliter of phosphate buffer soda (PBS), then add 10% cold trichloacetic acid (TCA) for 30 minutes at 4 degrees 5 centigrade. Remove the TCA, wash with water, invert plate and gently tap out excess water. Add 25 to 30 microliters of SRB in 1% acetic acid to each well. Incubate for 5 minutes at room temperature. Repeat x4. Then add 100 microliters of 10 mM Tris buffer and put on shaker for 10 10 minutes. After agitation, wipe plates with alcohol and then run plate in spectrophotometer (Spectromax- 340 PC, Molecular Devices) and read at 490 nm. Proliferation correlates to increase in red color.

15 As shown for patient 977984 her pretreatment plasma decrease cell growth from 100% to 82% with 2 days of plasma exposure, and with 4 days of exposure this had decreased from 100% to 48% indicating that the patients own plasma (even before treatment) can decrease cell proliferation of 20 the MKN-74 cells. However, using the day #15 plasma samples for 3 respective time points (8:30, 9:30, and 12:35) there is an additional inhibition in cell growth. As shown, for these 3 time points there is 50 to 60% inhibition in cell growth for the 2 days of plasma 25 exposure (compared to 80% with the pretreatment plasma with 2 days of plasma exposure). This then decrease further for all time points to approximately 80% inhibition with 4 days of plasma exposure (compared to 48% with the pretreatment plasma after 4 days of plasma exposure). Three time points 30 show excellent correlation with a very small standard deviation. This confirms that the assay is working, as 20 micrograms/ml inhibits cell proliferation of MKN-74 cells by 80% with 4 days of drug exposure.

**Figure 14.** Same data as presented in Figure 13, normalized with pretreatment plasma.

**DETAILED DESCRIPTION OF THE INVENTION**

5 This invention provides a method for screening a mixture of compounds for activity comprising steps of contacting the mixture with a system which mimics an organ capable of metabolizing the mixture in an appropriate time to generate a metabolite; and determining the activity of the generated metabolite.

10 This invention provides a method for quantitating a mixture of compounds comprising steps of contacting the mixture with a system which mimics an organ capable of metabolizing the mixture in an appropriate time to generate a metabolite; and determining the activity of the generated 15 metabolite.

20 This invention provides a method for identifying an active metabolite from a mixture of compounds comprising steps of contacting the mixture with a system which mimics an organ capable of metabolizing the mixture in an appropriate time to generate a metabolite; and determining the activity of the generated 25 metabolite generated.

As used herein, the mixture of compounds may be obtained 25 from many sources. In an embodiment, the mixture is from a natural product. In another embodiment, the natural product is an herbal medicine.

30 "Herbal medicine," for the purpose of this specification means that herbs or natural products with therapeutic values, whose active ingredients are known or unknown, are processed by extraction and/or concentration that mixed with pharmaceutical carriers that are suitable for therapeutic uses. Examples for herbal medicine includes but 35 not limited to extraction with water and/or alcohol and/or mineral oil with different ratios with or without heating.

Extracts may or may not be further processed into various dosage forms such as capsule, piles, or concoctions. In accordance with the present invention, herbal medicine is prepared according to any of the known procedures that are 5 suitable for therapeutics.

As used in this invention, there are known systems which mimic an organ capable of metabolizing the mixture in an appropriate time to generate a metabolite. In an 10 embodiment, the organ is a liver. In a further embodiment, the system is human liver microsomes.

This invention provides a method for screening a mixture of compounds for activity comprising steps of administering 15 the mixture to a subject capable of metabolizing the mixture; and taking bodily fluid that contains a metabolite of the mixture from the subject to determine the activity of the metabolite generated.

20 As used herein, "bodily fluids" may include but not be limited to blood, urine and lymphatic fluid.

This invention provides a method for quantitating an herbal extract comprising steps of administering the mixture to a 25 subject capable of metabolizing the mixture; and taking bodily fluid that contains a metabolite of the mixture from the subject to determine the activity of the metabolite generated.

30 This invention provides a method for identifying an active metabolite from a mixture of compounds comprising steps of administering the mixture to a subject capable of metabolizing the mixture; and taking bodily fluid that contains a metabolite of the mixture from the subject to 35 determine the activity of the metabolite generated.

The activity of the metabolite may be determined by in vitro assay. In an embodiment, the assay is determined by the inhibition of cell growth. In a further embodiment, the cells are cancerous cells.

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In accordance with the present invention, the activity of the metabolite is determined by the inhibition of cyclin B1 activity. In an embodiment, the inhibition of cyclin B1 activity is at least 50%.

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This invention provides the active metabolite identified by the above method. This invention also provides a composition comprising the metabolite and a carrier.

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This invention provides a pharmaceutical composition comprising an effective amount of the identified metabolite and a pharmaceutically acceptable carrier.

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For the purposes of this invention, "pharmaceutically acceptable carriers" means any of the standard pharmaceutical carriers. Examples of suitable carriers are well known in the art and may include, but not limited to, any of the standard pharmaceutical carriers such as a phosphate buffered saline solutions, phosphate buffered saline containing Polysorb 80, water, emulsions such as oil/water emulsion, and various type of wetting agents. Other carriers may also include sterile solutions, tablets, coated tablets, and capsules.

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Typically such carriers contain excipients such as starch, milk, sugar, certain types of clay, gelatin, stearic acid or salts thereof, magnesium or calcium stearate, talc, vegetable fats or oils, gums, glycols, or other known excipients. Such carriers may also include flavor and color additives or other ingredients. Compositions comprising

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such carriers are formulated by well known conventional methods.

This invention provides a method of producing a fingerprint 5 or profile thereof of an extract of a natural product comprising steps of contacting the extract with a system which mimics an organ capable of metabolizing the extract in an appropriate time to generate a metabolite; and determining the identity and amount of the metabolite 10 generated, thereby generating a fingerprint of the extract. In an embodiment, the organ is a liver. In a further embodiment, the system is human liver microsomes.

This invention provides a method of producing a fingerprint 15 or profile thereof of an extract of a natural product comprising steps of administering the extract to a subject capable of metabolizing the extract; and determining the metabolite generated, thereby generalizing a fingerprint of the extract. In an embodiment, the natural product is an 20 herb.

This invention provides the produced fingerprints and uses thereof.

25 This invention provides a method to determine the batch-to-batch variation of an extract from a natural product comprising comparison of the characteristics of the produced fingerprints of different batches.

30 This invention provides a method to assay for the formulation variation of an extract from a natural product comprising comparison of the characteristics of the produced fingerprints of different batches.

35 This invention provides a method to assay for the dose variation of an extract from a natural product comprising

comparison of the characteristics of the produced fingerprints of different batches.

The fingerprint or profile presented may provide a method 5 to set specification for pharmaceutical grade of herbal medicines. The fingerprint or profile presented may be used to standardize the manufacturing process for producing pharmaceutical grade of herbal medicine. For example, by determining the profile of different lots of herbal 10 medicine, one can identify the most reproducible manufacturing process. This invention also provides a quality control method to assure the quality of the pharmaceutical preparation which is important to guarantee the efficacy and the safety profile of the pharmaceutical 15 preparation. Pharmaceutical preparations consisting of similar chemical ingredients will exhibit a similar profile.

This invention provides a method for identifying induced 20 compounds in a subject comprising steps of administering a mixture of compounds to the subject; extracting bodily fluid from the subject to determine the generation of induced compounds; and identifying the said induced compounds. In an embodiment, the mixture is an extract from 25 a natural product.

This invention also provides the induced compounds identified by the above method. In an embodiment, the subject is a human.

30 This invention provides a method for treating cancer in a subject comprising administering to the subject an effective amount of coptis chinesis extract. The cancer includes, but is not limited to, renal, colon, sarcoma, 35 neuro, lung, breast, prostate, stomach, esophageal,

pancreatic, bladder, lymphoma, leukemia, and hepatoma. In another embodiment, the cancer is a solid tumor.

5 This invention provides a method for treating cancer in a subject comprising administering to the subject an effective amount of coptis chinesis extract and a therapeutic agent.

10 As used herein, the therapeutic agent is any of the known agents capable of providing therapeutic effects to a subject. The therapeutic agent includes but is not limited to irinotecan, gemcitabine, doxorubicin, and cisplatin. A list of therapeutic agents can be found in Cancer Principles and Practice of Oncology, 5th Edition, 1997,

15 Edited by Vincent T. DeVita, Samuel Hellman and Steven A. Rosenberg, Published by Lippincott Williams & Wilkens Publishers. In an embodiment, the therapeutic agent is a microtubule-destabilizing agent. In a further embodiment, the microtubule-destabilizing agent is a taxol or a taxol-like compound.

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United States Patent 6,444,638 discloses that an antitumor therapeutic agent in combination with a modulating agent is capable of increasing apoptosis in tumor cells. In an embodiment, the modulating agent is a protein kinase C inhibitor. The modulating agent includes, but is not limited to Safingol (L-threo-dihydrosphingosine), Ro-1 (Bisindolylmaleimide), Ro32-0432 (Bisindolylmaleimide tertiary amine), UCN-01 (7-OH-staurosporine), Flavopiridol (L-86-8275), Bryostatin 1 (macrocyclic lactone), and antisense nucleotides capable of inhibiting the expression of protein kinase C. This invention, therefore, also encompasses coptis chinesis extract, a therapeutic agent and a modulating agent.

The treatment of the *coptis chinesis* extract and the therapeutic agent may be performed in a sequential manner. In a further embodiment, the subject is treated with *coptis chinesis* extract first, then a therapeutic agent.

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This invention provides an anti-tumor composition comprising an effective amount of *coptis chinesis* extract. This invention also provides a pharmaceutical composition comprising *coptis chinesis* extract.

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This invention will be better understood from the Examples which follow. However, one skilled in the art will readily appreciate that the specific methods and results discussed are merely illustrative of the invention as described more fully in the claims which follow thereafter.

#### **EXPERIMENTAL DETAILS**

##### **EXAMPLE 1**

###### **Preparation of Huanglian Extract:**

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In a boiled "tea" the only fraction that is in fact consumed is that which enters the aqueous phase. The remainder, or the "grinds," which comprises most of the product, is in fact discarded. In traditional Chinese medicine, patients prepare up to 30 grams of huanglian for tea each day. Therefore, 30 grams of huanglian were added directly to 1 liter of distilled water. The solution was heated to 100°C for 1 hour. Since the insoluble root fibers or "grinds" are not consumed, they were sterilely removed by filtration through 0.2 micron filter paper. In order to have huanglian suitable for drug studies, the remaining aqueous solution was boiled to dryness. This yielded approximately 1.5 grams of huanglian. It is believed this extract of huanglian is equivalent to the amount of actual huanglian tea a patient ingests each day when the huanglian 30 is prepared as an herbal tea. The dry powder was then

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weighed and a stock solution of 1 mg/ml was made in water for subsequent studies.

**EXAMPLE 2**

5 **Inhibition of cell growth by huanglian and its metabolites:**  
Figure 3 shows the growth curves for the human cancer cell lines MKN-74 (gastric Panel A), HCT-116 (colon, Panel B), MCF-7 (breast, Panel C) and MDA468 (breast, Panel D) following treatment with 10 and 1  $\mu$ g/ml of huanglian. The  
10 cells were treated on day 0 with huanglian and then cell viability in the continued presence or absence (control) of drug was determined for the subsequent 5 days (days 1 to 5) by the MTT (3-(4,5-dimethythiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay. In this colorometric assay the absorbance of converted dye is measured at a wavelength (OD) of 550 nm and the increased absorbance is directly proportional to cell viability. As shown, huanglian induced a dose dependent inhibition of cell growth in all four cell lines. By day 3 with 10  $\mu$ g/ml of  
20 huanglian, this approached 100% growth inhibition. When compared to untreated controls, the inhibition of cell growth persisted until completion of the studies on days 4 or 5. Interestingly, this effect appeared to be independent of the p53 status of the cells, as growth suppression by huanglian was similar for MCF-7, which is wild-type for p53, and MDA468, which is mutant for p53.  
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**EXAMPLE 3**

**Inhibition of colony formation:**

30 These studies were then extended to test the effect of huanglian on colony formation (data not shown). For these assays the same cell lines (HCT116, MKN74, MDA468, and MCF7) were grown in 6-well plates and then exposed to huanglian (1, 10, and 100  $\mu$ g/m) or drug free medium (ND)  
35 for two weeks. At the end of two weeks the colonies that

formed were stained with crystal violet and counted. Colony formation was calculated as a percentage of untreated controls. These results are shown below and indicate a dose-dependent suppression of colony formation with huanglian concentrations of 1, 10, and 100  $\mu$ g/ml. Except in the case of HCT116 cells, there was absolutely no colony formation with 10  $\mu$ g /ml huanglian.

**EXAMPLE 4**

10 **Suppression of cyclin B1 protein expression:**

In view of inventor's interest on cell cycle drugs as well as reported effects of berberine, the major constituent of huanglian, on cell cycle distribution, the effect of huanglian was tested on the expression of cyclins associated with the cell cycle (Figure 7). For these studies MKN-74 gastric cancer cells were treated at time 0 with drug free medium (-) or medium containing 1 and 10  $\mu$ g /ml huanglian (HL). Protein lysates were then prepared for 24, 48, or 72 hours later and transferred onto Immobilon membranes. The membranes were then probed with mouse monoclonal cyclin B1 (kindly provided by Dr. Tim Hunt, ICRF Clare Laboratories, UK) and then treated with a secondary antimouse-HRP antibody. Detection was done by ECL Chemiluminescence. As shown in the western blot in Figure 7A, 10  $\mu$ g/ml of huanglian suppressed cyclin B1 expression after 48 and 72 hours of drug exposure, when compared to untreated controls. Equal protein loading was confirmed with  $\alpha$ -tubulin.

30 The decrease in cyclin B1 protein expression correlated to the inhibition of cell growth in the tumor cell lines shown in Figure 7. Experiments were designed to determine whether the loss of cyclin B1 protein was related to a decrease in cyclin B1 mRNA expression. These results are shown in the 35 Northern blot in Figure 7B. Even though overall RNA

content appear to decreased over time, there was no effect by huanglian on cyclin B1 mRNA expression up to concentrations of 10 µg/ml at 24, 48, or 72 hours, when compared to the untreated controls. Equal RNA loading was 5 confirmed with β-actin controls. These results would indicate that huanglian decreases the expression of cyclin B1 at either a translational or post-translational level. In order to determine specificity of huanglian for cyclin B1, the effect of huanglian on protein expression of other 10 cyclins has begun to be examined. Thus far, concentrations of 10 µg/ml huanglian do not suppress the protein expression of cyclin A or E after 24, 48, and 72 hours of drug exposure (data not shown).

15 **EXAMPLE 5**

**Suppression of cdc2 kinase activity by huanglian:**

Cyclin B1 is the cyclin that binds to and activates cyclin dependent kinase 1 (cdc2 kinase) (20). Therefore it was hypothesized that the loss of cyclin B1 protein should 20 result in a decrease in the enzymatic activity of cdc2 kinase. For these studies the MKN-74 cells were again treated with 1 or 10 µg/ml of huanglian for 24, 48, and 72 hours. Soluble protein was immunoprecipitated with anti-cyclin B1 (Santa Cruz, Biotech. Inc, CA). This 25 immunocomplex contains cyclin B1 associated cdc2 kinase. The activity of the complex was then determined by incorporation of [<sup>32</sup>P]ATP into a histone H1 substrate. The results are shown in Figure 7C. As predicted, the suppression of cyclin B1 protein resulted in a decrease in 30 cdc2 kinase activity (reflected as a decrease in H1 phosphorylation) after exposure to 10 µg/ml of huanglian for 48 and 72 hours. In fact, by 72 hours cdc2 kinase activity is completely inhibited when compared to the untreated control. This effect of huanglian on inhibiting

cdc2 kinase activity would be considered indirect since it is mediated by suppression of the putative upstream cdc2 activator, cyclin B1. Experiments were designed to determine whether huanglian could directly inhibit cdc2 kinase. For these studies cyclin B1 associated cdc2 kinase was immunoprecipitated from untreated cells and 10  $\mu$ g/ml of huanglian was added directly to the kinase assay. Under these in vitro conditions, no direct inhibition of cdc2 kinase by huanglian was observed (data not shown), indicating that the inhibition of cdc2 kinase by huanglian must be mediated by suppression of cyclin B1.

**EXAMPLE 6**

**Effect of huanglian on G2/M transition:**

Activation of cyclin B1 associated cdc2 kinase by mitotic inhibitors including paclitaxel induces an increased accumulation of cells into the M phase of the cell cycle (12). Thus, a decrease in cyclin B1 associated kinase activity should prevent cells from entering M and results in an accumulation of cells in G2. It should also force cells in M to exit M and continue to cell cycle. Experiments were designed to test this in the MKN-74 cells by flow cytometry and labeling of cells with the MPM-2 antibody which identifies cells in mitosis. This is difficult to assess in asynchronous cells. So as to better document accumulation of cell in G2, experiments were designed to first synchronise the cells with nocodazole in the M phase (e.g. mitotic block). The results are shown in Figure 8A.

Treatment with nocodazole for 12 hours ( $\text{NOC}_{12}$ ) resulted in 41% of the cells remaining in M. When cells are first treated with nocodazole and then treated with drug free medium for an additional 24 hours ( $\text{NOC}_{12} \rightarrow (-)_{24}$ ), the cells are released from mitosis, though 16% of the cells still

remain in M. In contrast, when the nocodazole therapy is followed by 24 hours of huanglian (NOC<sub>12</sub>→HL<sub>24</sub>), the cells have accelerated their exit out of M and have begun to accumulate in the G2 phase of the cycle. In order to prove that this effect by huanglian on the nocodazole treated cells was in fact due to suppression of cyclin B1 and inhibition of cdc2 kinase, protein lysates were also made from these cells and tested for cyclin B1 expression by western blot and cdc2 kinase activity by histone H1 phosphorylation. As shown in Figure 8B, under the condition of NOC<sub>12</sub>→HL<sub>24</sub>, there was suppression of cyclin B1 protein and cdc2 kinase activity relative to NOC<sub>12</sub>→(-)<sub>24</sub>. This data supports the hypothesis that huanglian suppresses cdc2 kinase activity in association with loss of cyclin B1 protein, resulting in a G2 block.

**EXAMPLE 7**

**Huanglian assessment by HPLC and atomic absorption:**

The initial analysis of huanglian was based on published methods (21,22). After further testing, techniques were refined as follows. Huanglian was diluted with water/ethanol solution (25% ethanol) to 100 µg/ml and analyzed by reverse HPLC using an Eclipsed XDB C18 4.6x250mm column with a mobile phase of water/acetonitrile/potassium dihydrogen phosphate/SDS 550 ml/450 ml/3.4g/1.7g at a flow of 1 ml/minute. This analysis reveals 40 peaks with 6 dominant peaks that make up ~ 95% of the UV detectable components of the total mixture. The peaks are at 13.5(A), 14(B), 15(C), 17(D), 20.5(E) and 24(F) minutes. Peak F is berberine, the major constituent of huanglian. Similar to published studies<sup>21</sup>, it was found that berberine was ~50% of the HPLC detectable components or approximately 25% overall. Many traditional Chinese botanicals are contaminated with arsenic. Since arsenic could not be

detected by our UV monitor, the huanglian extract was tested for arsenic by atomic absorption. This method revealed only 0.1 to 0.2  $\mu$ g of arsenic in each gram of solid extract. This amount of arsenic is considerably below 5 levels that would be considered to have any biologic effect on these cells.

**EXAMPLE 8**

**Metabolic Studies:**

10 Since oral drugs are metabolised by a "first-pass" through the liver, we also elected to determine whether huanglian would be metabolised in vitro by human liver S9 microsomes (Gentest, MA). This assay creates metabolites of a drug that are equivalent to those formed on a "first-pass" 15 through the liver. For these studies, the huanglian extract, at a final concentration of 3  $\mu$ g/ml, was exposed to human liver S9 microsomes at 1 mg/ml with NADPH. The microsomal extracts obtained in this assay were then analyzed by HPLC and UV spectroscopy. These results 20 indicate that the 7 major peaks remain essentially unchanged despite the treatment with the liver microsomes. Only peak #5, with a retention time of 8 minutes under these conditions, showed any significant change (loss of 15% in 3 hours), whereas the major berberine peak (#7) 25 decreased only slightly after treatment with the liver microsomes.

**EXAMPLE 9**

**Inhibition of cell growth by metabolites of huanglian and 30 berberine:**

Experiments were designed to determine whether the metabolites of huanglian would be effective in suppressing growth of tumor cells. It would be important to know whether these metabolites retain the "active components" of 35 huanglian and suppress tumor growth to the same degree as

the non-metabolised huanglian extract. For these studies the huanglian metabolites that were formed by the human liver S9 microsomes after 3 hours of exposure were utilized. The supernatant from this reaction was added 5 directly to the culture medium in the presence of MKN-74 human gastric cancer cells. As shown in Figure 10, with a final concentration of huanglian metabolites at 3  $\mu$ g/ml (HL3ug/ml, treat-3hrs), the growth of the MKN-74 cells (as determined by the MTT assay) was suppressed to a degree 10 that was equivalent to the non-metabolised parent compound (HL3ug/ml, treat-0hrs), when compared to the untreated control.

15 Since berberine constitutes the major fraction of huanglian (25%), a 10 $\mu$ g/ml solution of berberine was tested to determine the degree to which it inhibited proliferation of the MKN-74 cells. Under the conditions tested, the berberine was not able to inhibit cell proliferation to the same degree as either the huanglian or its metabolites 20 (data not shown). This supports the hypothesis that the anti-tumor effects observed in vitro are dependent on the mixture of the various components present in the huanglian extract.

25 **EXAMPLE 10**  
**CLINICAL STUDY**

**A. Preparation of Huanglian Extract and Testing of Purity**

30 The material for this study will be prepared by Phoenix Laboratories, Hicksville, New York under contract from Memorial Sloan-Kettering Cancer Center. 50 kg. of a "new" batch of huanglian that has an almost identical HPLC profile with identical biological activity (see above) was obtained. It is anticipated that this lot of material 35 should provide sufficient to complete this study, and for purposes of this program will avoid issues of internal

chemical or biologic variability. This batch will be provided to Phoenix who will prepare huanglian as described as follows: the root to be cut into small pieces, added to distilled water in the ratio of 30 grams to 1 liter and 5 boiled for 3 hours with occasional stirring. The resulting volume of 250 ml to be filtered through cheese cloth and boiled for a further hour to produce 7-8 ml of thick slurry weighing just under 8 grams. After two days in a vacuum dry concentrator, the final weight of dry powder will be close 10 to 6.00 grams, a 20% extraction. This method is amended from the method described under "preliminary data". However, studies have been conducted that demonstrate that the biological activity is not different between the two 15 methods of preparation. A pharmaceutical Certificate of Analysis to be provided by Phoenix will specify quality assurance as described below.

Appearance	Brown granular powder
Solubility	Freely soluble in water with slight turbidity in 20 mg/ml of water.
Ingredient assay: Berberine (by HPLC as described above)	25 % $\pm$ 5% total weight
Identification: HPLC fingerprint (by HPLC as described above)	There should be major peaks at 13.5(A), 14(B), 15(C), 17(D), 20.5(E) and 24(F) minutes
Purity: (Analyses to be conducted by Huffman Laboratories, Golden, CO). Heavy metals Arsenic	30 ppm maximum 2 ppm maximum

20 Huanglian will be prepared as capsules to be taken qid not within one hour of food. Capsules will initially be 250mg but this will be doubled to 500mg if doses escalate

sufficiently to necessitate the taking of large numbers of capsules. The advantage of capsules over the traditional method of taking huanglian as a tea is that the taste of huanglian is extremely bitter.

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**B. A Phase I Study of the Chinese Herb Huanglian (Coptis Chinesis) in Patients with Advanced Solid Tumors**

In the current protocol entitled "A Phase I Study of the Chinese Herb Huanglian (Coptis chinesis) in Patients with Advanced Solid Tumors," patients will receive escalating doses of the aqueous extract of the Chinese herb huanglian in order to determine the maximally tolerated dose, toxicities, and to obtain preliminary information about its activity in patients with a variety of solid tumors.

Patients will receive capsules of the powdered extract of the huanglian root, which they will take by mouth 4 times a day (qid). Treatment with huanglian will continue every day without breaks until either, progression of disease, or toxicities are noted.

Endpoints which will be continuously assessed during the study are both classical toxicities (per NCI Common 25 Toxicity Criteria, CTC Version 2.0, <http://ctep.info.nih.gov>), as well as surrogate markers of activity which include pharmacokinetic, biologic, and molecular laboratory determinations.

30 The aims of the study are as follows:

1. To conduct a phase I clinical trial with huanglian in patients with advanced solid tumors.
2. To determine the optimal dose of huanglian that is below or equal to a maximum tolerated dose and that optimises pharmacologic (i.e. plasma metabolites of huanglian), molecular (i.e. suppression of cyclin B1),

35

and biologic (i.e. ex vivo cytotoxicity assays) parameters.

3. To pilot a methodology for developing cancer drugs from whole herbal extracts.
- 5 4. To obtain preliminary data on therapeutic activity of huanglian.
- 5 5. To utilize the results from the phase I studies to design a phase II clinical trial in gastric cancer.

10 Pharmacokinetic studies (PK). Bloods for pharmacokinetic studies (PK) will be performed on days 1, 2, 8, 15 and 29 of treatment. Repeated bloods for PK will be drawn on day # 1 only, before the daily dose (time = 0), 1 hour after, and 2, 4, 6, 8 and 24 hours after the first dose of huanglian.

15 On all other days, a single PK blood sample will be drawn, to measure steady state levels of the drug. For these studies 10 ml of heparinized blood (green stopper vacutainer tube) will be collected. Plasma samples (PK) will be sent for pharmacokinetic measurements of huanglian peaks.

20

#### Early Results

- One patient entered at each of the first two dose levels
- Dose level 1: 1.0 gram
- 25 Dose level 2: 1.5 gram
- No clinical toxicity
- Berberine detectable: steady state levels on day #15: 6 ng/ml at dose level 1 and 24 ng/ml at dose level 2.
- No biologic effect.

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See also Figures 13 and 14.

**EXAMPLE 11**

Huanglian is a botanical agent prepared as a tea from the roots of *Coptis chinensis*. In traditional Chinese medicine it has been used to treat inflammatory conditions ranging from gastroenteritis to acute febrile illnesses with no reported toxicity. Huanglian was tested for activity against cancer. It was found that huanglian potently inhibits the growth of a number cancer cells in vitro in a dose-dependent manner, with maximal inhibition at low micromolar concentrations. MCF7 and MDA468 breast cancer lines were particularly sensitive to huanglian. The activity of huanglian was greater than an equivalent concentration of its major component, berberine, suggesting that several components contribute to its anticancer effect. It was therefore decided to take whole huanglian to human trial, as a novel departure from the conventional method of selecting and testing a single active compound. In addition to single agent activity against breast cancer cell lines, huanglian was also shown to enhance the effect of paclitaxel, supporting the future development of huanglian in combination with paclitaxel for the treatment of patients with metastatic breast cancer.

**Research Aims and Results**

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The overall goal for this grant is to develop new therapeutic approaches in the treatment of patients with metastatic breast cancer based utilizing the Chinese botanical huanglian. The specific aims are to:

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- 1) To conduct a phase I clinical trial of huanglian with both toxicity and efficacy endpoints.
- 2) Based on the results of the phase I clinical trial of single agent huanglian, conduct a phase I/II clinical

trial of huanglian in combination with paclitaxel in the treatment of patients with metastatic breast cancer.

1. "A Phase I Study of the Chinese Herb Huanglian (*Coptis chinesis*) in Patients with Advanced Solid Tumors" (MSKCC Protocol Number 00-061A(6)) has now been open for the past year. The purpose of this study is to determine the optimal dose of huanglian for future phase II trials. Patients with advanced solid tumors who have failed all conventional therapy or for which there is no conventional therapy are eligible for this study. Twenty-one patients have been registered to this study. One patient elected to withdraw consent after study registration and never received huanglian.

15 Defining the MTD: The initial study design utilized a rapid dose escalation schedule of 1 patient/level and the huanglian dose was to be increased by 50% in successive cohorts. The starting dose of huanglian was 1 gm/day or 20 one capsule (250 mg/tablet), p.o., 4x/day. At dose level 3 (2.25 gm/day), one additional patient was added since the first patient developed progression of disease (POD) before completing her assessment for toxicity. Using this study design, a dose of 3.5 gm/day or 14 capsules in 4 divided 25 doses was escalated to. At a dose of 5.25 gm/day (21 capsules/day), one patient developed grade 3 diarrhea (DLT) and the cohort was expanded to 6 patients with no further DLTs noted. However, because of this toxicity, the study design now changed to a classic dose escalation schema of 30 3 to 6 patients/dose level and a 25% dose escalation in all successive cohorts. Utilizing this approach, the dose was escalated to 6.56 gm/day (26 capsules/day) in 3 patients without DLT. In the next cohort of 8.25 gm/day (33 capsules/day), again 1 patient was observed with grade 3

diarrhea. This cohort has recently been expanded to 6 patients and therapy is still ongoing. These results are summarized in the table below, which also indicates stable disease as best response in several patients on the study.

5 Each of these patients had been progressing under observation or on therapy before entering the clinical trial with huanglian.

Cohort	Pt. #	Dose (gm/day)	Pill #	Toxicity	Best Response
1	1	1	4	0	Stable (colon): 6.4 months
2	1	1.5	6	0	Stable (neuro): 12 months
3	2	2.25	9	0 (1 NE)	None
4	1	3.5	14	0	None
5	6	5.25	21	1: gr. 3 diarrhea	Stable (sarcoma): 6.5 <sup>+</sup> months
6	3	6.56	26	0	Stable (renal): 5.2 <sup>+</sup> months
7	1	8.2	33	1: gr 3 diarrhea	Too early

10 Pharmacokinetic (PK) and surrogate marker studies: Since berberine represents approximately 50% of the herb, PK measurements were being conducted of berberine by HPLC. However, only very low levels of berberine (< 50 ng/ml) have been detected in the plasma of any patient on the 15 study. Also being tested is plasma collected from patients on day #15 of therapy to determine if the patient's own plasma will inhibit cancer cell growth of the gastric cancer cell line MKN-74 ex vivo, as determined by SRB assays. For these studies, the patient's plasma is 20 concentrated and the MKN-74 cells are exposed to the patient's own plasma for either 2 (II) or 4 (IV) days before the tumor cells are assayed for growth inhibition. As shown for the patient treated in cohort 3 (see graph below), the patient's own pretreatment plasma (day 0) was

capable of inhibiting MKN-74 cell growth, even though the patient had been off all chemotherapy for at least 4 weeks. Three separate samples were then drawn on day 15 of treatment at 8:30 AM, 9:30 AM, and 12:30 PM. As shown, 5 when the MKN-74 cells were exposed ex vivo to the patient's plasma for 2 (II) or 4 (IV) days, there was inhibition of cell growth in all three samples when compared to the patient's pretreatment plasma for both the 2 and the 4 day assay. The last lanes show the positive control of media 10 "spiked" with huanglian (HL) at a concentration of 20 µg/ml and exposed to MKN-74 cells for both 2 and 4 days. This degree of growth suppression confirms the activity of the herb from the capsules.

15 Despite these promising results, this pattern of growth inhibition, which has varied from 0 to 60% in the patients on the study, has been highly variable from patient to patient. It has also shown no correlation to dose or to treatment response. Nevertheless, it does suggest some 20 degree of biologic activity from the preparation under investigation. Since huanglian has also been shown to inhibit cyclin B1 protein expression in the same cell line, we have also performed western blots for cyclin B1 expression in the MKN-74 cells in these same samples. For 25 these studies the cyclin B1 was either not detectable at baseline and was considered non-informative or showed no suppression in this ex vivo assay.

30 The plan is to complete this phase I study of huanglian, so as to define the MTD and then test this in phase II clinical trials. Especially encouraging is the stable disease in at least 3 patients with advanced cancers (renal, sarcoma, and neuroendocrine tumors) who were progressing either under observation or on chemotherapy.

These patients had no other treatment options at the point of study entry.

It is conceivable that for huanglian we may not be able to 5 define an MTD with standard grade 3 and 4 dose-limiting toxicity. Instead the highest non-toxic dose may be determined by the number of capsules consumed at any one time. In fact, if escalated to the next cohort, without a second DLT at the current dose level, patients will be 10 taking 41 capsules/day, divided in 4 doses. In its current formulation, this may represent a pill count which will exceed that which a patient can take at any given time. The SRB assays on the MKN-74 cells from the patient's own 15 plasma indicate a pharmacodynamic effect, even at doses of huanglian as low as 1.5 gm/day (cohort 2). Though this has not correlated to treatment response, and it has not achieved our target of 50% inhibition of cell growth in all patients, it does suggest that plasma levels of huanglian that can induce some degree of a biologic effect are being 20 achieved. Without tumor biopsies to indicate biologic effects in the tumor, it is impossible to know what in fact is taking place in the tumor. However, it does suggest that plasma levels of some component of huanglian (other than berberine, which is non-measurable by HPLC) which is 25 capable of inhibiting tumor growth *ex vivo* are being obtained. Thus, in the case of huanglian it may be possible to select a dose that is considerably below the MTD for future clinical development.

30 2. The next step in drug development will be to take the highest non-toxic dose or that dose which gives us our greatest biologic effect *ex vivo*, and use this dose to conduct a phase I trial of huanglian and paclitaxel in 10 to 20 patients with advanced solid tumors. This study is

based on preclinical studies indicating that huanglian enhances the effect of paclitaxel *in vitro*. There is no evidence of any antagonism between huanglian and paclitaxel *in vitro*. Once the MTD of huanglian and paclitaxel is 5 determined in this planned phase I trial, a phase II trial with this combination will then be conducted in 20 to 30 patients with metastatic breast cancer. This clinical trial will be supported by Department of Defense (DOD) grant awarded from the Army Breast Cancer Research Fund. Based on 10 the current phase I trial of single agent huanglian, no serious or adverse events greater than that which is achieved with single agent paclitaxel alone are anticipated.

15 **EXAMPLE 12**

**Phase I study of the Chinese herb huanglian (HL): Evidence of biologic and clinical activity**

HL is an herbal tea used in traditional Chinese medicine. It has been reported that HL, obtained from the dry 20 precipitate of the water soluble, heat extractable fraction, inhibits tumor cell growth by suppressing cyclin B1 protein, inhibiting cdc2 kinase and inducing a G2 arrest. (Mol. Pharm. 58:1287, 00). By HPLC, 50% of this aqueous fraction consists of berberine (B). A phase I trial 25 of HL was conducted utilizing a rapid dose escalation design (1 patient/cohort). The starting dose was 1 gr or 1 capsule (250 mg), p.o, 4 x/day, taken daily until disease progression. In the absence of toxicity, an active dose for phase II studies based on biologic markers of response was sought. For these assays, plasma was obtained on days 0, 1 and 14 to measure berberine by HPLC, and to treat a 30 reference human gastric cancer cell line with the patient's own plasma *in vitro* for inhibition of cell growth by sulforhodamine B (SRB) assay and for suppression of cyclin

B1 by western blot. The biologic end-point was empirically defined as a positive response on 2 of the following 3 assays:  $\geq$  50% inhibition of cell growth by SRB, suppression of cyclin B1 by western or plasma B levels  $\geq$  0.75  $\mu$ g/ml. To date 7 patients have entered the study. Median age is 53 (range: 19-51), KPS 80(70-90), prior regimens 5(3-14). Tumor types: colon (2), hepatoma (2), breast, sarcoma, carcinoid. 4 cohorts (1.0, 1.5, 2.25, and 3.5 gr/day) without any toxicity have been completed. In cohort 5 (5.25 gr/day), there has been 1 DLT (grade 3 diarrhea) and the cohort is being expanded. Biologic activity, consisting of 40%-60% inhibition, on either the SRB or cyclin in B1 assay, has been seen at all dose levels  $\geq$  1.5 gr/day. Plasma B is barely detectable (0-0.024  $\mu$ g/ml). Disease stabilization has been seen in 3 patients (2 too early, 1 inevaluable) and the median duration on study is 3.1 months (range: 1-6.8+). In conclusion, HL is well tolerated and there is evidence of biologic and clinical activity, independent of plasma B levels. Since neither a standard toxicity end-point nor a biologic end-point (2 of 3 biologic responses in any one patient) has been reached, this study continues to accrue patients to define a phase II dose.

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